# **Activity**

5-a-side Football

### When

4.30pm – 5.30pm, second Wednesday of every month

#### Where

The World of Football, 10 New Market Road, Edinburgh, EH14 1RJ

### Cost

Free

## **More Information**

- If you aren't sure how to get there you can go along with the staff members running the group. They will leave Number 6 around 3.15pm to get a bus to the World of Football at the Corn Exchange.
- Please wear appropriate footwear e.g. trainers and comfortable clothing e.g. jogging bottoms/shorts and a t-shirt.
- Please be ready to start playing at 4.30pm.
- Number can vary month to month but we usually have around 8 people plus 2 staff members.
- All abilities are welcome.
- The venue is made up of 10 football pitches therefore it can be quite noisy.
- The two staff involved will play with the group and will referee as they play.
- At the end of the session people can use the changing rooms to get showered and changed or just head home. Sometimes people will go to the bar across the road for a soft drink. Please bring money if you would like to join in.

