# **Activity**

Coffee, Cake and Chat

### When

6pm – 7.30pm, fourth Wednesday of every month

#### Where

Training Room, Number 6

### Cost

Free

## **More Information**

- This informal discussion group will meet on the 4th Wednesday of every month at 6pm.
- The aim of the group is to provide a relaxing, safe place to meet new people and to discuss current affairs.
- Maff runs the group each month.
- Coffee, tea and cake/biscuits are provided.
- If you would like more information or would like to register your interest please contact Maff on <a href="mailto:matthew.day@aiscotland.org.uk">matthew.day@aiscotland.org.uk</a>