

October 2017						
MON Drop-In 2-8pm	TUES Quiet Drop-In 10 – 5pm	WED Drop-In 10-8pm	THUR Drop-In 2-8pm	FRI Drop-In 12-5pm	SAT	SUN
						1
2 11.30 – 1 LDG (Sensory issues) 6–8 Music Group 6.30-8 Girls' Group	3 10 – 12 Tuesday Morning Womens Group (over 35) 4 – 6 Table Tennis 4 - 7 RPG (Closed)	4 1–3 Girls' Group 4-7 Gaming Group 6–8 Art & Crafts Group	5 2-4 Thursday Discussion Group (Closed) 5.30 Film Night (Kong Skull Island)	6 3–5 Pool Drop-In	7 10 – 4 Drop-In Cinema Trip (Maff/Andy)	8
9 11.30 – 1 LDG (Communication) 3 - 5 Book Group	10 10 – 12 Tuesday Morning Womens Group (over 35) 5 - 8 Snooker Club	11 1–3 Girls' Group 1 – 2.30 LDG (Sensory Issues) 4.30 5-a-side football 6–8 Art & Crafts Group	12 2-4 Thursday Discussion Group (Closed) 5 - 7 Employment Sessions (by appointment) 6 - 8 Scrabble & Chess Club 6 - 7 Relaxation Group	13 3–5 Pool Drop-In	14	15
16 11.30 – 1 LDG (Mental Health) 6–8 Music Group 6.30-8 Girls' Group 6-8 West Lothian Social Group (Chain Runner Livingston)	17 10 – 12 Tuesday Morning Womens Group (over 35) 1.15- 3.30 Social Group (Gladstone's Land £5pp) 1 – 4 Video Editing 4 - 7 RPG (Closed) 6 - 7 Badminton	18 1–3 Girls' Group 1 – 2.30 LDG (Communication) 4-7 Gaming Group 6–8 Art & Crafts Group	19 2-4 Thursday Discussion Group (Closed) 5.30 Film Night (Wonder Woman) 6 – 8 Photography Group	20 3–5 Pool Drop-In 2 – 3.30 Service User Forum	21 10 – 4 Drop-In Walking Group (Graeme/Ant)	22
23 11.30 – 1 LDG (Education/Learning) 4.30 – 5 Tai Chi 6 – 8 Quiz Night	24 10 – 12 Tuesday Morning Womens Group (over 35) 3.30-4.30 New Faces Group 6 – 8 Creative Writing	25 1–3 Girls' Group 1 – 2.30 LDG (Mental Health) 1 – 5 (play 2 – 4) Pool League 3.30 – 5.30 Employment Sessions (by appointment) 6 – 7.30 Coffee, Cake & Chat (Maff & Ant) 6–8 Art & Crafts Group	26 Midday Gourmet Club 2-4 Thursday Discussion Group (Closed) 6 – 8 Scrabble & Chess Club 6 - 7 Relaxation Group	27 3–5 Pool Drop-In	28 10 – 4 Drop-In Roller Skating Ocean Terminal (Rachel/Stew)	29
30 Building Closed	31 4 - 7 RPG (Closed) 7 – 10 Halloween Party (Edinburgh Taxi Club)					

LDG – Late Diagnosis Group. If you are interested in a closed group or if you would like more information please speak to a member of staff or call 0131 220 1075.