

November 2017						
MON Drop-In 2-8pm	TUES Quiet Drop-In 10-5pm	WED Drop-In 10-8pm	THUR Drop-In 2-8pm	FRI Drop-In 12-5pm	SAT	SUN
		1 1-2.30 LDG (Education/ Learning) 1-3 Girls' Group 4-7 Gaming Group 6-8 Art & Crafts Group	2 2-4 Thursday Discussion Group (Closed) 5.30 Film Night (Pirates of the Caribbean: Salazar's Revenge)	3 3-5 Pool Drop-In	4 10-4 Drop-In Cinema Trip (Stew/Andy)	5
6 11.30-1 LDG (Employment) 6-8 Music Group 6.30-8 Girls' Group	7 10-12 Tuesday Morning Women's Group (over 35) 4-6 Table Tennis	8 1-2.30 LDG (Employment) 1-3 Girls' Group 4.30 5-a-side football 6-8 Art & Crafts Group	9 2-4 Thursday Discussion Group (Closed) 6-8 Scrabble & Chess Club 6-7 Relaxation Group	10 3-5 Pool Drop-In	11	12
13 11.30-1 LDG (Relationships) 3-5 Book Group 6-8 West Lothian Social Group (Frankie's & Benny's Livingston)	14 10-12 Tuesday Morning Women's Group (over 35) 4-7 RPG (Closed) 5-8 Snooker Club 5-6 EDIRP	15 1-2.30 LDG (Relationships) 1-3 Girls' Group 3:30-5:30 Employment Group 4-7 Gaming Group 6-8 Art & Crafts Group	16 2-4 Thursday Discussion Group (Closed) 5.30 Film Night (Spiderman: Homecoming) 6-8 Photography Group	17 3-5 Pool Drop-In Service User Forum	18 10-4 Drop-In Walking Group (Maff/Rach)	19
20 11.30-1 LDG (Mental Health) 6-8 Music Group 6.30-8 Girls' Group	21 10-12 Tuesday Morning Women's Group (over 35) 1-4 Video Editing 4-5 New Faces Group (Hyan) 6-7 Badminton	22 1-2.30 LDG (Lifestyle) 1-3 Girls' Group 2-4 Pool League 6-7.30 Coffee, Cake & Chat (Maff & Ant) 6-8 Art & Crafts Group	23 Midday Gourmet Club (Gourmet Burger Kitchen) 2-4 Thursday Discussion Group (Closed) 3:30-5:30 Employment Group 6-8 Scrabble & Chess Club 6-7 Relaxation Group	24 3-5 Pool Drop-In	25 10-4 Drop-In (Graeme/Ant) 12:30-3 Toys and Comic Mark	26
27 4.30-5 Tai Chi 6-8 Quiz Night	28 10-12 Tuesday Morning Women's Group (over 35) 4-7 RPG (Closed) 6-8 Creative Writing	29 1-3 Girls' Group 6-8 Art & Crafts Group	30 2-4 Thursday Discussion Group (Closed) 6-7 ALLIG ***2-3 Social Group (Hyan) Gravity Trampoline			

LDG-Late Diagnosis Group. If you are interested in a closed group or would like more information, please speak to a member of staff or call 0131 220 1075.