

Girls' Group Activities – Monday

<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>
<p>6th</p> <p>Planning</p>	<p>3rd</p> <p>Art & Craft (World Autism Awareness theme)</p>	<p>1st</p> <p>Youtube Yoga session</p> <p>We will try out a gentle yoga video. It will not be an intense session and people are free to take part in as little or as much as they like.</p>	<p>5th</p> <p>Frisky, Forest Road</p> <p>Meet at Number 6 at 6.30pm we will leave shortly after to walk up to Frisky. You will need between £5 - £10.</p>
<p>20th</p> <p>Cake & Tea</p> <p>We are going to have a wee "tea party" to welcome our new volunteer Robyn to the group. Feel free to bring along your favourite cake or biscuits.</p>	<p>17th</p> <p>Easter Baking</p>	<p>15th</p> <p>Pampering night.</p> <p>Feel free to bring along anything you would like to use for pampering e.g. nail polish, face masks, hand cream.</p>	<p>19th</p> <p>Cinema or DVD night</p> <p>Depending on the film times for Wonder Woman we will go to the cinema to see the new release or have a film night at Number 6.</p>

- Activities will also be dependent on the weather. If we have scheduled a walk and the weather isn't nice we will arrange to do an activity at Number 6. **Please note that the calendar is subject to change**