

Number 6 Summer Activities 2024

JULY



MON	TUES	WED	THUR	FRI	SAT	SUN
1 Old Town Guided Tour (Tim)	2 Cramond Island (Louisa)	3	4	5 Escape Room (Zaid)	6	7
8	9 Pottery Painting (Karina)	10 Alpaca Trek (Ashley & Ant)	11	12	13	14
15 Go-karting (Scott + Maff)	16 Mini golf (Fountain Park) (Kim)	17	18	19 Ice-less curling (Roxy lanes) Stew	20	21
22	23	24 Karaoke (Super Cube) (Andy)	25 Trampolining (Fountain Park) (Graeme)	26	27	28
29	30 Dynamic Earth (Rowan)	31				

Please note that you must register with Number 6 before being able to attend any groups & activities. For more info about registering, please email: number6@aiscotland.org.uk or call 0131 526 3176

Day & time	Activity & Location	Cost	Details
Monday 1 st July 2pm to 4pm	Old Town tour (Tim)	£10 (Paid in advance to Number 6)	A 2 hour guided tour of the Old Town with a professional, autistic tour guide. We'll be meeting near St Giles Cathedral at 2pm. After the tour, there is the option of going for coffee/refreshments with Tim if you would like to. Please email Tim by 24 th June if you'd like to come along. You will need to bring your £10 in to confirm your space. tim.hather@aiscotland.org.uk
Tuesday 2 nd July 3-7:30pm	Cramond Island walk & picnic (Louisa)	Bring money if you would like to buy refreshments on the promenade. Bring food if you want to have a picnic on the island.	We'll be meeting at Hill Street at 3pm then taking the bus to Cramond. We'll have a walk along the beach and over to Cramond island (tide-dependent) where we'll stop for a picnic if you have food with you. We aim to return to Hill Street for around 7:30pm. Please email Louisa by 24 th June if you would like to come along: louisa.dawson@aiscotland.org.uk
Friday 5 th July 5:45-6:45pm	Escape Room (Zaid) Morrison Street	£15 (paid in advance to Number 6)	221B Baker Street – a Sherlock Holmes themed escape room. You have been enlisted by Moriarty to break into 221B Baker Street and steal something of importance to Sherlock. Hurry though, Sherlock and Dr Watson are on your tail! Meet Zaid at Number 6 at 5:15pm or outside the escape room at 5:35pm. Please email Zaid by 24 th June if you would like to come along. You will need to bring your money into Number 6 to confirm your space. Zaid.Al-Nayazi@aiscotland.org.uk
Tuesday 9 th July 10am to approx. 2pm	Pottery painting (Karina) Doodles Ceramics Workshop 27-29 Marchmont Crescent	Minimum £10 (bring money on the day)	Karina will be taking a group to Doodles Ceramics Workshop to paint pottery. We'll be meeting at Number 6 at 10am then taking the bus to Marchmont. The painting session will be from 11am to 1pm. There will be a choice of pottery to paint such as animal figurines, small shaped plates, pen pots, espresso mugs etc. It will cost £10 to paint any of these items but if you would like to do more than one or pick a more expensive item, you can. Please bring money to pay for your pottery on the day. Please email Karina by 25th June if you would like to come along: karina.williams@aiscotland.org.uk Doodles website: https://www.doodlesscotland.co.uk/adult

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Wed 10 th July 11am to 1pm	Alpaca trek (Ashley & Ant) Velvet Hall, Innerleithen, Scottish Borders.	£20 cash to be paid on the day.	We will be taking a small group of people to take part in an alpaca trek at Velvet Hall in the Borders. You will be able to walk your own alpaca for an hour, feed them and meet the baby alpacas. Please bring your own food and drink so we can have a wee picnic there. Ant can take 3 people from Edinburgh in his car and Ashley can take 3 people who live in the Borders. Priority will be given to people who have not been before. If you are interested in coming along, please email Karina by 26th June. karina.williams@aiscotland.org.uk
Monday 15 th July 11:10am – 3pm	Go-karting (Scott + Maff) Newbridge	£25 (paid in advance to Number 6)	We have booked 10 spaces for go-karting at Newbridge. We will meet at Number 6 at 11:10am and walk to get the X18 bus on Princes Street at 11.30am. This will get us in to Newbridge at 12.05pm – then we have a 10 minute walk to the Karting Centre from the bus stop. If you would like to come along, please email Matthew by 1st July. You will need to pay the £25 in advance to secure your place. matthew.day@aiscotland.org.uk
Tuesday 16 th July 10am – 2pm	Mini golf Volcano Falls, Fountain Park.	£9.95 (pay on the day)	Kim will be taking a group to play crazy golf at Volcano Falls on 16 th July. Options are to either meet Kim at Number 6 at 10am or outside Fountain Park at 10.45am. After the game we will stay for snacks and then head back to Number 6 for approx. 2pm. Please bring £9.95 to pay on the day. Please email Kim by 4th July if you would like to come along. Kim.maxwell@aiscotland.org.uk
Friday 19 th July 2:15-3:45pm	Ice-less curling Roxy Lanes, Rose Street.	£5 (paid in advance to Number 6)	Stew will be taking a group for a game of ice-less curling. We will leave Hill Street at 1:45pm and walk to Roxy Lanes on Rose Street. We will finish at Rose Street at 3:45pm. Please email Stew by 5th July if you would like to come along – stewart.campbell@aiscotland.org.uk .
Wed 24 th July 5-8pm	Karaoke (Andy) Supercube	£5 (paid in advance to Number 6)	We have booked a large karaoke room at Supercube (George Street). We will leave Number 6 at 4:45pm to make our way there. We can have a maximum of 11 people. Please email Karina by 17th July if you would like to come along: karina.williams@aiscotland.org.uk

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Day & time	Activity & Location	Cost	Details
Thurs 25 th July 10am to 1pm	Trampolining at Gravity, Fountain Park. (Graeme)	£13.95 plus £3.50 for socks (You will need to purchase your own ticket in advance).	Graeme will be taking a group trampolining at Gravity, Fountain Park. Options are to meet at Number 6 at 10am or at Fountain Park Fountain Park at 10.45am. We'll be trampolining from 11am to 12 and then we'll stay for snacks/refreshments afterwards and head back to Number 6 around 1.30pm. Please email Graeme by 18th July if you would like to come along. You will need to book your own ticket in advance via the Gravity website: https://booking.sms-timing.com/gravityedinburgh/book (Please make sure you book the 11am Open Jumpy slot on Thursday 25th July). Please let us know if you require help with booking. Graeme.syme@aiscotland.org.uk
Tuesday 30 th July 11:15am – 2pm	Dynamic Earth (Rowan)	£15 (paid in advance to Number 6)	Rowan will be taking the group to see the galleries and Planetarium at Dynamic Earth. You can meet at Number 6 at 11:15am, or meet Rowan outside Dynamic Earth at 11:50am. The exhibition should last around 1.5-2 hours in total. If you would like to come along, please email Matthew by 15th July. You will need to pay the £15 in advance to secure your place. matthew.day@aiscotland.org.uk

How we allocate spaces at Summer Activities:

Please note that we will be allocating spaces at Summer Activities in as fair as a way as possible. It may not be possible for you to attend everything that you request an interest in, but we will try to make sure everyone is able to attend at least some of the activities they have expressed interest in.

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