

## **July Summer Activity Information 2018**

**Please inform a staff member know if you would like to take part in any of the activities**

- **Monday 2nd July, 10.30am - 4.30pm** **Walk along the John Muir Way from Aberlady to Port Seton (Ant, Kim)** Meet at Number 6 at 10.30am, we will leave at 10.40am and get the 124 bus to Aberlady. We will arrive in Aberlady at roughly 12.15pm and will begin our walk from there. The walk is coastal, mostly flat and will be 5 miles. Once we arrive in Port Seton we will get the number 26 bus back, and will aim to be back to Number 6 by 4.30pm. Please wear appropriate clothing and footwear, and you will need to bring a packed lunch to eat while we are out.
- **Thursday 5th July, 10am - 4.30pm, Inchcolm Island Boat Trip, LIMITED SPACES (Rachel, Kim).** There are **limited spaces** available, please let a staff member know asap if you would like to go on the trip. Meet at Number 6 at 10am. We will leave promptly at 10.15am to get the Lothian Country 43 bus to South Queensferry (unfortunately, if you are late, we won't be able to wait for you). The boat leaves Hawes Pier, South Queensferry, at 12:15pm and we will spend an hour and a half on the island. It will cost £16 per person, and you will need to bring a packed lunch to eat while we are away and extra money if you would like to buy a drink, snack or souvenir. The ferry crossing will take approximately 45 minutes and, depending on the weather, it can be very choppy. If you suffer from seasickness or travel sickness, please think carefully about coming along. Please wear appropriate footwear and bring waterproofs just in case it's bad weather. We will be aiming to get the 3.45pm bus back to Edinburgh. This should get us back by 4.30pm.
- **Friday 6th July, 2pm - 5pm, Karaoke at Supercube, LIMITED SPACES, George Street (Hyan/Stew)** **There are limited places available.** Please meet at Number 6 at 1:30pm. We will leave shortly after to walk to Supercube. We have 3 hours booked from 2 - 5pm. Please let a staff member know if you would like to take part. It will cost £6.70 per person.
- **Monday 9th July, 1.30pm - 7pm, Walk around Linlithgow Loch and dinner at the 4 Mary's pub (Rachel/Kim).** Please meet at Number 6 at 1.30pm. We will leave promptly and walk along to Waverley station to get the train through to Linlithgow. The train will cost £8.40 for a return. We will arrive in Linlithgow at roughly 2.30pm and from there we will go for a walk along the high street and around the Loch, which should take about an hour to an hour and a half. After the walk we will go to the 4 Mary's for an early dinner at 4pm please bring £15-25 to cover the cost of your meal, depending on your choices. After dinner, we will get the train back to Edinburgh, and we will aim to be back at Number 6 by 7pm.
- **Wednesday 11th July, 2- 4pm - Pool tournament with Perth OSS at Number 6 (Maff)** 6 players per team so **spaces are limited,** please speak to Matthew if you are interested. On the day practice will be available from 1pm, please arrive by 1.30pm if you are taking part.

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- **Thursday 12th July, 1 - 4pm, Trampolining at Fountain Park (Ant, Kim).** Please meet at Number 6 at 1pm we will leave at 1.15pm and walk along to Fountainpark. When we arrive you will need to fill in a disclaimer and then we will be allocated a time to go on the trampolines; we may have to wait for up to 30 minutes depending how busy it is. The sessions last an hour and cost £13.95, afterwards we will walk back to Number 6.
- **Monday 16th July, 10.30am - 4.30pm, Meet up with Borders Social Group, Visit Kailzie Gardens (Ant, Stew).** There are limited spaces available, please let a staff member know asap if you would like to go on the trip. Meet at Number 6 at 10.30am, we will leave promptly at 10.45am to make our way to the Gardens. We expect to arrive at about 12 noon, entry to the gardens costs £4.50. Please bring either a packed lunch or money to buy something from the café. We will spend a few hours looking around the gardens and expect to be back at Number 6 by 4.30pm.
- **Wednesday 18th July, 10.15am - 3pm, Edinburgh Zoo (Kim)** Please meet at Number 6 at 10.15am and we will leave promptly at 10.30 to get the bus along to the zoo. Tickets for the zoo cost £17 to buy on the day, discounted tickets can be bought online in advance, so please speak to a member of staff if you'd like help with this. We will be at the zoo during lunch time so please either bring a packed lunch or extra money to buy something from the café. The zoo is built on a hill so please wear appropriate footwear as the day involves a fair amount of walking. We will aim to be back at Number 6 for about 3pm.
- **Thursday 19th July, 1 - 4pm, Adventure Golf at Fountainpark (Rachel, Kim).** Please meet at Number 6 at 1pm we will leave at 1.15pm and walk along to Fountainpark. Tickets for a single course at Adventure Golf will cost £8.50, please bring extra money if you'd like to buy a drink or snack. It will take approximately 1 hour to complete the course and we will walk back to Number 6 afterwards.
- **Tuesday 24th July, 10 - 4pm, Mining Museum Mid Lothian (Andy).** Please meet at Number 6 at 10am, we will leave at 10.15am to get the 29 bus out to Newton Grange. Entry to the museum is £7 for a concession and we will do a self guided tour. You will need to wear sturdy footwear such as walking boots. Please bring either a packed lunch or money to buy something from the café. We will aim to be back at Number 6 at about 4pm.
- **Wednesday 25th July, 1pm - 5pm, Walk from Balerno to Water of Leith Visitor Centre (Kim/Ant).** Meet Kim and Ant at Number 6 at 1pm. We will be leaving at 1.15pm to get the bus up to Balerno. Once we arrive in Balerno we will make our way onto the water of Leith walkway heading back toward town. We will have short break at the Water of Leith Visitor Centre and from there people will have choice to either continue to walk along the water of Leith back to Number 6 or get the bus back to Princes street. We will aim to be back by 5pm.

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- **Friday 27th July, 10.45am - 5pm, Alpaca Trekking, Borders (Graeme, Rach).** Please meet Graeme and Rachel at Number 6 at 10.45am. We will leave promptly at 11am to drive to Velvet Hall, Innerleithen. The plan is to walk 9 Alpacas for an hour, there won't be enough for 1 Alpaca each so we will share the responsibility of walking the herd. Jean, who runs the farm will spend time with us and share information about her herd of Alpacas and we may be able to feed them too. There will also be an opportunity to meet some new born Cria (baby alpacas). Please bring a packed lunch with you. If it is nice weather we will sit outside for lunch, otherwise there is a covered area available if the weather isn't good. There is limited space for this trip, so it is important that you put your name down as soon as possible to guarantee a space. We plan to leave at 3.30pm to drive back to Edinburgh and hope to be back at Number 6 for 5pm. **£13.50 per person**
- **Monday 30th July, 11am - 6.30pm, Football Golf, (Ant/Graeme).** Please meet at Number 6 at 11am. We will leave at 11.15am to walk along to Waverley train station. Tickets to Perth currently cost about £17.40 but are subject to change. We will arrive in Perth at about 1pm and will walk along to the Perth OSS where we will join up with their service to go to the football golf. Tickets for the football golf will be roughly £4, but will be confirmed nearer the time. After the activity, we will get the train back to Edinburgh arriving back no later than 6.30pm.
- **Tuesday 31st July, 9.45am - 5pm, Trip to Glasgow by train to the Kelvingrove Museum (Andy/Maff).** Please meet at Number 6 at 9.45am we will leave at 10am and walk along to Waverley station to get the train. Return tickets to Glasgow cost £13, and we will aim to get the 10.30am train which will get us to Glasgow at about 11.20am. Once we arrive we will take the Glasgow underground known as the Clockwork Orange round to Kelvinhall Station, return tickets for the Underground cost £3.20, from there it is a short walk to the Kelvingrove Museum. Entry to the museum is free, please bring either a packed lunch or extra money to buy something while we are there. We will get the 4pm train back to Edinburgh arriving at Waverley at 4.50pm.
- **For all of the extra summer activities, please let a staff member know if you would like to take part.**
- **Please be prepared for each trip (wear appropriate clothing/footwear) and varying weather (being equipped with sun cream, a hat, antihistamines if you suffer from allergies).**