



Musselburgh & Inveresk Community Council CORONA VIRUS AWARENESS



The current Coronavirus situation is unfolding every day and will have an impact on our community in the forthcoming weeks/months. Many people will be feeling anxious and confused but we are not alone as this is affecting communities all over the UK and the world.

Should our community go into lock down due to the current Coronavirus situation, the Musselburgh Community Resilience Plan will be activated to assist and support our community members who are housebound.

We will be supported by a contingency of community volunteers. At this stage we are in a new and unknown situation and therefore we do not know exactly what form this support may take. It may include food co-ordination and prescription collection.

HELP PREVENTION BY

Washing your hands thoroughly and regularly

Sneezing into a tissue or crook of your elbow

Coughing into a tissue or crook of your elbow

Disposing of tissues immediately



These are the most common hygiene routines that will assist.

For up to date guidance go to www.nhsinform.scot

<https://www.eastlothian.gov.uk/homepage/10448/coronaviruscovid-19>

**MUSSELBURGH
COMMUNITY RESILIENCE PHONE LINE
07871729037**

The current situation is unprecedented and may have a huge impact on our communities. It is therefore essential that support is provided only to those require it and have no other option available at this time.

Support will be provided by volunteers from the community and therefore must **not** be used other than when absolutely necessary. If your circumstances are an emergency then please contact the most relevant emergency service.

USEFUL TELEPHONE NUMBERS

Any assistance provided by Community Resilience Volunteers will be left at the main door. Please do not open your door to volunteers or strangers

NHS 24 General Advice 0800 028 2816

NHS 24 Emergency 111

Emergency Services Police | Fire | Ambulance 999

TO KEEP EVERYONE SAFE

**PLEASE FOLLOW THE ADVICE ISSUED BY THE
GOVERNMENT AND THE EMERGENCY SERVICES**

Please assist your neighbours, family and friends with the up to date guidance if they do not have access to the internet.